



march 25, 2015

hartford street zc news

Seeing Through

Baiyun said to Wuzu:

Many Chan [Zen] Buddhists with knowledge and ability see after something is already so, but cannot see before it is so.

Cessation of conceptions, insights into objective reality, concentration and knowledge guard beforehand. Doing, stopping, letting go, and extinction are noticed after they happen.

Therefore, what doing, stopping, letting go, and extinction use is easy to see, while what cessation and insight, concentration and knowledge do is hard to know.

But the determination of the ancients was on the Way. They cut off thoughts before they sprouted. Although they had cessation, insight, concentration and knowledge, doing stopping, letting go, and extinction, all of it was a question of process.

Therefore it is said, "If there is any talk a beginning and end, it is all self-deception." This saying is that of an ancient master who saw all the way through and did not deceive himself.

True Record of Baiyun



public schedule

mondays

*7:00 am zazen

*7:40 am morning chanting service

**last monday of each month, no morning schedule*

6:00 pm zazen

6:40 pm evening chanting service

tuesdays - fridays

6:00 am zazen

6:40 am kinhin (walking meditation)

6:50 am zazen

Tr. Thomas Cleary
Classics of Buddhism and Zen Volume One



hszc tea & conversation with Taigen Dan Leighton 03 20 2014

words from our Abbot: Rev. Myō Lahey

...the subtle point is that to allow the natural vitality of this body to produce thoughts if it wants or not produce thoughts if it wants, without sticking your oar in there to make the boat go in some particular way, is actually non-thinking because that is not what we usually do, mostly we're into thinking, mostly. And then if someone tells you that thinking is "the evil" because you can get that impression from certain Buddhist texts, but what you're supposed to do is get rid of that so then you try to get to this non-thinking or un-thinking or rather unthinking, "cut off all those thoughts, make them all go away".

And one way is you hit them all over the head with blunt instrument, sometimes with a Japanese object called a *Hua Tou* which is a word or phrase from a Zen story that is used to beat your thoughts to death. And you can do that; and this was another say 11th, 12th century innovation; and in kind of synchronicity with that innovation there was another

7:20 am chanting service
 7:40 am soji (brief temple cleaning)

6:00 pm zazen
 6:40 pm chanting service

thursdays study hour 7:30pm

saturdays

6:30 am zazen
 7:10 am chanting service
 7:25 am soji
 8:30 am drop-in instruction
 9:25 am zazen
 10:15 am dharma talk
 11:00 am refreshments/social*

** if a ceremony applies it will occur before social time*

innovation called just sitting where you're actually invited to not to beat anything to death, but allow the natural dynamism of the body-mind to express itself in such a way that you can see that without constant re-energization the body-mind our mental activity slowly, slowly decreases, decreases, decreases until there is only a great silence that is this body-mind.

And in that great silence there may also be thoughts that arise and pass away and they are irrelevant so you don't have to kill your thoughts and this relationship, you might say to this process of this body mind is unthinking, non-thinking, what we don't usually do, which is let things alone, let them be as they are and use your body in a useful way, find some balance, some way to be settled and let this process unfold. And then miraculously something like Suzuki Roshi assurance, that in 5 to 10 minutes your mind will be calm. And it's true and he doesn't necessarily mean all our thoughts will go away in 5 to 10 minutes, he means that you will understand the meaning of calm body-mind after just a few minutes, once this heart is recognized.

[hszc dharma talk 08 2014](#)



upcoming events:

dharma talks @10:15am, saturdays

- **Myō Lahey** - apr 4, 11, 25
- **Daiko Tanzen, David Bullock** - mar 28, may 23, jul 25

guest speakers - **Konin Cardenas** - apr 18; **Fugan, Eugene Bush** - may 9; **Laura Burges** - jun 20; **Anshi Daigi, Zachary Smith** jul 11; **Dale Borglum** - aug 15; **Anshi Daigi, Zachary Smith** - sept 19; **Laura Burges** - oct 17; **Fugan, Eugene Bush** - nov 14; **Ryuei, Michael McCormick** - dec 12

full moon ceremony - **saturday, apr 4** full pink moon from the herb moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring. other names for this month's celestial body include the Full Sprouting Grass Moon, the Egg Moon, and among coastal tribes the Full Fish Moon, because this was the time that the shad swam



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upstream to spawn.

Buddha's birthday - saturday, apr 11 born 2500 years ago to King Suddhodana and Queen Maya in the garden of Lumbini which was located in Kapilavastu, a small kingdom in the Himalayan foothills. He was called Siddhartha and later, Shakyamuni Buddha.

It has long been said that at the time of his birth Shakyamuni Buddha said, "Heaven, earth and I are all one person." At each temple throughout Japan, a small pavilion, covering a statue of the baby Buddha pointing one index finger toward heaven and the other toward earth, is set up and decorated with flowers. This stature is bathed with sweet tea and this is the way Flower Festival is observed.

Flower Festival is not held only at temples, however. It is observed as a general, public event especially at kindergartens, where it is often held on a big scale. Let us believe in the true happiness brought about by Shakyamuni Buddha's teaching and celebrate the unsurpassable joy it gives.

study hour - thursdays @7:30pm: the Vimalakīrti Sūtra. we can share books for anyone who wants to join in, or feel free to purchase a copy and join us (many are very low cost online, we focus on [Dr Thurman's version](#)). check our twitter page for any last minute changes in schedule.

closure & schedule changes -
no morning (only) zazen & chanting/service on the last monday of every month.

mar & apr 2015 - closed all day tuesday mar 31 (César Chávez Day) and all day monday april 6 for the day after the easter holiday. please check [our twitter](#) page for last minute schedule changes

founder monthly memorials - [Issan's](#) is the 6th of each month and [Philip's](#) is the 26th (or closest dates to these if cant be on that day evenings at 6:40pm or saturday mornings

buddhist film festival apr 10 to 16 - [click here for more deatils](#) for sf bay area dates

practice discussions are available with Rev. Daiko Tanzen, David

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Bullock. please contact him directly or email: hszc108@yahoo.com to request to schedule time.

APRIL 10th through the 16th - [Buddhist film festival!](#)



BUDDHIST FILM FOUNDATION

go with the vow (part 2 of 2) - *An Interview with Shuso Tanzen David Bullock*
By the Roving Reporter

...The Shuso ceremony was also a nervous time for him. In the middle, he recalled getting up and starting to do something and then saw Abbot Myo waving at him, no, no. Oops. His responses to some of the dharma questions were spontaneous, while others just felt awkward. It's all the same!

David loves the forms and is thankful for the support they give him. He looks closely at the forms from a practice aspect. All the forms: ringing bells, oryoki, bowing - each are a practice vehicle to encourage us to see, to wake up. As doan, what does it feel to hold the striker, the impact with the bell, the sound of the bell? These forms are a useful vessel for practice, and David depends on it.

I asked him about robing every day and he said that he had gotten out of the habit [pun intended] and he mentioned how hard it was to place his zagu down on those days when he was in a lot of back pain. David sees the role of priest and lay person as being fluid and not being so much different. At Hartford Street, we are sort of a halfway house, a middle way, part monastery, part urban temple. That why the role of the sangha is so vitally important.

David encourages sangha members to stretch their practice and explore some of the temple roles. Although to some degree, we all want to do it perfectly, that's not the point and no one will judge you. Then he laughed, and said, perhaps we might tease you a little! David also

mentioned his/our tendency to compare our practice or experience to others. He says, this is an area of inquiry for him, to remember to accept things as they are. And, again, to do what's in front of you.

David who has now been residing at HSZC for 18 months, called the Shuso training and living at HSZC, a valuable and worthwhile experience. When asked about Issan Dorsey, who ordained him, he reflected that he thought Issan would like that he [David] had pursued the priest track. David also expressed his gratitude to all of the sangha members for their ongoing support.

So David's advice, "go with your vow!"

(see part 1 in the prior news issue)



bike to worship week!

HIV meditation group; weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!
 thursdays & fridays
 10:30am zazen
 11:00am garden socializing

meditation in recovery; weekly meditation group for men & women in recovery from addiction
 fridays, 7:30pm - 9pm

(women only) meditation in recovery; monthly meditation group for women in recovery from addiction.

first thurs, 7:15pm -8:45pm

board of director meetings are second wed of each month & you're invited to attend & observe

**Abbot, hartford street zen center --
 - Reverend Myō Lahey ---**



7:30pm

please contact us for rental space as well, events, ceremonies performed by a zen priest - weddings, memorials, coming of age & baby naming events.

find other sf bay area lgbtqqi events [here](#) - or - [here](#)
national, worldwide & other, holidays [here](#) (*warning* some are pretty silly)



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